



## Spring rate / Rider weight

RM85 2005-2010		
	Fork spring	Shock spring
Standard Spring	33-450-2,8	56/53-245-47,5
Rider weight		
35-40 kg	AT REQ.	40
40-45 kg	2,4	42,5
45-50 kg	2,6	45
50-55 kg	STD	STD
55-60 kg	3,0	50
60-65 kg	3,2	52,5
65-70 kg	3,4	55
70-75 kg	3,6	57,5

RM85 2011-2014		
	Fork spring	Shock spring
Standard Spring	33-450-2,8	56/53-245-45
Rider weight		
35-40 kg	AT REQ.	37,5
40-45 kg	2,4	40
45-50 kg	2,6	42,5
50-55 kg	STD	STD
55-60 kg	3,0	47,5
60-65 kg	3,2	50
65-70 kg	3,4	52,5
70-75 kg	3,6	55

RM125 2004-2009		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,2	64/66-260-50
Rider weight		
45-55 kg	3,8	46
55-65 kg	4,0	48
65-75 kg	STD	STD
75-85 kg	4,4	52
85-95 kg	4,6	54
95-105 kg	4,8	56
105-115 kg	5,0	58
115-125 kg	5,2	60

RMZ250 2004-2006		
	Fork spring	Shock spring
Standard Spring	43,5-460-4,2	59/62-270-50
Rider weight		
45-55 kg	3,6	44
55-65 kg	3,8	46
65-75 kg	4,0	48
75-85 kg	STD	STD
85-95 kg	4,4	52
95-105 kg	4,6	54
105-115 kg	4,8	56
115-125 kg	5,0	58

RM85L 2005-2010		
	Fork spring	Shock spring
Standard Spring	33-450-2,8	56/53-245-52,5
Rider weight		
35-40 kg	AT REQ.	45
40-45 kg	2,4	47,5
45-50 kg	2,6	50
50-55 kg	STD	STD
55-60 kg	3,0	55
60-65 kg	3,2	57,5
65-70 kg	3,4	60
70-75 kg	3,6	AT REQ.

RM85L 2011-2014		
	Fork spring	Shock spring
Standard Spring	33-450-2,8	56/53-245-47,5
Rider weight		
35-40 kg	AT REQ.	40
40-45 kg	2,4	42,5
45-50 kg	2,6	45
50-55 kg	STD	STD
55-60 kg	3,0	50
60-65 kg	3,2	52,5
65-70 kg	3,4	55
70-75 kg	3,6	57,5

RM250 2004-2009		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,4	64/66-260-52
Rider weight		
45-55 kg	3,8	46
55-65 kg	4,0	48
65-75 kg	4,2	50
75-85 kg	STD	STD
85-95 kg	4,6	54
95-105 kg	4,8	56
105-115 kg	5,0	58
115-125 kg	5,2	60

### Note:

Rider weight is body weight without clothing.





## Spring rate / Rider weight

RMZ250 2007-2009		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,4	64/66-260-54
Rider weight		
45-55 kg	3,8	48
55-65 kg	4,0	50
65-75 kg	4,2	52
75-85 kg	STD	STD
85-95 kg	4,6	56
95-105 kg	4,8	58
105-115 kg	5,0	60
115-125 kg	5,2	62

RMZ250 2013		
	Fork spring	Shock spring
Standard Spring	43,5/295-660-9,8	64/66-260-56
Rider weight		
45-55 kg	8,8	50
55-65 kg	9,2	52
65-75 kg	9,6	54
75-85 kg	STD	STD
85-95 kg	10,0	58
95-105 kg	10,4	60
105-115 kg	10,4	62
115-125 kg	AT REQ.	64

RMZ450 2005-2006		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,6	64/66-260-54
Rider weight		
45-55 kg	4,0	48
55-65 kg	4,2	50
65-75 kg	4,4	52
75-85 kg	STD	STD
85-95 kg	4,8	56
95-105 kg	5,0	58
105-115 kg	5,2	60
115-125 kg	AT REQ.	62

RMZ450 2010-2012		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,6	64/66-260-56
Rider weight		
45-55 kg	4,0	50
55-65 kg	4,2	52
65-75 kg	4,4	54
75-85 kg	STD	STD
85-95 kg	4,8	58
95-105 kg	5,0	60
105-115 kg	5,2	62
115-125 kg	AT REQ.	64

RMZ250 2010-2012		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,6	64/66-260-56
Rider weight		
45-55 kg	4,0	50
55-65 kg	4,2	52
65-75 kg	4,4	54
75-85 kg	STD	STD
85-95 kg	4,8	58
95-105 kg	5,0	60
105-115 kg	5,2	62
115-125 kg	AT REQ.	64

RMZ250 2014		
	Fork spring	Shock spring
Standard Spring	43,5/295-660-9,8	64/66-260-54
Rider weight		
45-55 kg	8,8	48
55-65 kg	9,2	50
65-75 kg	9,6	52
75-85 kg	STD	STD
85-95 kg	10,0	56
95-105 kg	10,4	58
105-115 kg	10,4	60
115-125 kg	AT REQ.	62

RMZ450 2007-2009		
	Fork spring	Shock spring
Standard Spring	42,75-495-4,6	64/66-260-56
Rider weight		
45-55 kg	4,0	50
55-65 kg	4,2	52
65-75 kg	4,4	54
75-85 kg	STD	STD
85-95 kg	4,8	58
95-105 kg	5,0	60
105-115 kg	5,2	62
115-125 kg	AT REQ.	64

RMZ450 2013-2014		
	Fork spring	Shock spring
Standard Spring	43,5/295-660-9,8	64/66-260-56
Rider weight		
45-55 kg	8,8	50
55-65 kg	9,2	52
65-75 kg	9,6	54
75-85 kg	STD	STD
85-95 kg	10,0	58
95-105 kg	10,4	60
105-115 kg	10,4	62
115-125 kg	AT REQ.	64

**Note:** Rider weight is body weight without clothing.

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